

Organization: Greensboro Housing Coalition

County: Guilford**Address:** 122 N. Elm St., Ste. M-6
Greensboro, N.C. 27401**Phone:** 336-691-9521**Website:** <http://www.greensborohousingcoalition.com/>**Project:** Home Health Inspections*****Below are excerpts from their final report*****

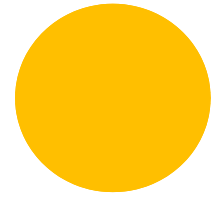
About the Project: Funds for this grant were used specifically for training scholarships and educational materials for professionals (including the women with whom they work with in order to improve the home health condition and therefore women's health).

Two new educational materials were developed and are being distributed to residents. One is a Healthy Homes Healthy Cleaners recipe booklet. It is placed on an "O" ring that can be hung on a magnetic hook in a conveniently accessible location (i.e. refrigerator, dishwasher, laundry machine, etc). The other materials developed are Healthy Habits for Healthy Homes postcards. They can be posted throughout the house as reminders of ways to keep the home as well as the residents in it healthy. Additionally 500 brochures illustrating and describing the difference in a healthy home versus an unhealthy home are being distributed to professionals, women and their families to create an awareness of the importance of a healthy home environment. The educational materials are also being distributed to the Greensboro Healthy Homes Initiative partner agencies, totaling over 20 agencies.

The grant was also utilized to send three professionals to the Essentials to Healthy Homes Practitioner Training provided through the National Center for Healthy Housing (NCHH). Those who received training scholarships for the Essentials Healthy Homes Practitioner Training and Credentialing have committed to contributing volunteer home assessments for the Greensboro Healthy Homes Initiative. Therefore, the training will not only impact these three professionals, but benefits will be reaped by those they pass the information along to also.

The network of professionals, partners, and residents being included in the Greensboro Healthy Homes Initiative will facilitate remediation of unhealthy conditions in homes. Follow up will be provided in tracking the women's/resident's health after the home repair/remediation.

Successes: This community grant has helped kick-off great educational materials and training towards providing safe environments for women and their families/future families in the place they spend the majority of their time (their home). Housing affects health both directly and indirectly by physical, chemical, and biological exposures that can affect residents psychological well being as well as physical health.



Many people may recognize signs and symptoms of diseases but may overlook or ignore the environments that caused them. The Healthy Homes training provides education on seven Healthy Home principles:

Keep it:

1. Dry
2. Clean
3. Ventilated
4. Pest-Free
5. Safe
6. Contaminant-Free and
7. Maintained.

Thank you for your contribution to helping Healthy Homes in kicking-off an integrated approach that considers the people living in the home, the structure, and the potential health hazards. Addressing these issues as a community will change the health of our community!

Recipes for A Healthy Home



Keep It

- * Dry
- * Safe
- * Clean
- * Pest free
- * Ventilated
- * Maintained
- * Contaminant free

Window Cleaner

1/4 to 1/2 teaspoon liquid dishwashing soap
 3 tablespoons distilled white vinegar
 2 cups water
 Spray bottle

Put all ingredients in the bottle. Shake it up and spray onto windows. Wipe with newspaper, paper towel, or a lint free cloth.





Shopping List You can use food stamps/EBT cards for many of these items.

- ✓ Baking soda
- ✓ Liquid dishwashing soap
- ✓ Distilled White Vinegar
- ✓ Borax
- ✓ Salt
- ✓ Microfiber cloth
- ✓ Nylon scrubbie and sponges
- ✓ Measuring cups & spoons
- ✓ Spray bottles



Creamy Soft Scrub

Baking soda
 Liquid dishwashing soap

Pour about 1/2 cup of baking soda into a bowl. Add liquid dishwashing soap until it looks like frosting. Scoop the mixture onto a sponge, and wash counter, tub, and so on.



